



But Two Alternatives a solution based meeting of Cocaine Anonymous seeks your support!!!

If you are as seriously alcoholic as we were, we believe there is no middle-of-the-road solution. We were in a position where life was becoming impossible, and if we had passed into the region from which there is no return through human aid, we had *but two alternatives*: One was to go on to the bitter end, blotting out the consciousness of our intolerable situation as best we could; and the other, to accept spiritual help. This we did because we honestly wanted to, and were willing to make the effort.

Page 25 Big Book of Alcoholics Anonymous

**B.T.A. Meets every Tuesday
except the first Tuesday of
the month at 7:30 PM at
the Bellevue Alano Club
12302 Northeast 8th Street
Bellevue, Washington**



With its all-inclusive Third Tradition and First Step, Cocaine Anonymous welcomes anyone with a drug or alcohol problem and offers a solution. C.A.'s Twelve Steps are not drug-specific, and Cocaine Anonymous is not a drug-specific Fellowship. It doesn't matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!

excerpted from Who is a C.A. Member
Cocaine Anonymous World Services, Inc.